

Simon Sjödin

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:05.06 AQUA-poäng: 887 Datum: 2015-12-03 Tävling: LEN European Short Course Championships

Tid	AQUA	Omgång	Datum	Tävling
04:20.34	740	Final	2013-11-24	SM/JSM (25m) 2013
04:35.04	627	Final	2007-11-25	SM (25m) 2007
04:36.58	617	Final	2005-12-04	JSM 2005 (25m)
04:26.82	687	Final	2012-11-25	SM (25m) 2012
04:17.57	764	Final	2015-11-08	SM/JSM (25m) 2015
04:17.44	765	Final	2014-11-23	SM/JSM (25m) 2014
04:17.25	767	Final	2016-11-08	SM/JSM (25m) 2016
04:49.25	539	Final	2005-10-29	JDM Stockholm 2005
04:49.70	537	Final	2004-11-06	JDM 2004
04:42.27	580	Final	2003-11-27	JSM (25m) 2003
04:47.21	551	Final	2003-03-13	SM (25m) 2003
04:23.93	710	Final	2011-11-27	SM (25m) 2011
04:27.83	679	Final	2008-11-30	SM (25m) 2008
04:28.42	669	Final	2021-11-28	SM/JSM (25m) 2021
04:39.28	599	Final	2004-11-25	JSM (25m)
04:06.67	870	Final	2015-12-03	LEN European Short Course Championships
05:11.62	431	Final	2000-11-10	JDM
04:16.09	777	Final	2009-05-08	Bergen Swim Festival
04:16.11	777	Final	2013-10-06	Södertälje Meet 2013
04:10.72	828	Final	2015-11-08	SM/JSM (25m) 2015