

Amanda Rutqvist

Se detaljerad information och personbästatider

Gren: 400m Medley (50) Personbästa: 05:05.10 AQUA-poäng: 688 Datum: 2009-07-04 Tävling: SM/JSM (50m) 2009

Tid	AQUA	Omgång	Datum	Tävling
05:30.76	540	Final	2005-07-07	SUM-SIM 2005 (50m)
05:05.10	688	Final	2009-07-04	SM/JSM (50m) 2009
05:46.54	470	Final	2004-07-08	SUM-SIM 2004 (50m)
05:10.85	651	Final	2009-03-21	Grand Prix 3 2009
05:21.55	588	Final	2007-02-10	Grand Prix 2
05:14.57	628	Final	2007-07-29	SM/JSM (50m) 2007
05:26.38	562	Final	2009-04-25	Grand Prix FINAL 2009
05:16.10	619	Final	2010-07-17	SM/JSM (50m) 2010
05:22.24	584	Final	2010-04-24	Grand Prix final 2010
05:18.13	607	Final	2007-07-01	SUM-SIM 2007 (50m)
05:23.20	579	Final	2006-07-16	SUM-SIM 2006 (50m)
05:18.74	604	Final	2010-03-20	Grand Prix 3 2010
05:19.40	600	Final	2008-03-08	Grand Prix 2
05:22.16	585	Final	2010-06-20	DM/JDM VSSF 2010
05:21.30	589	Final	2006-05-26	SPEEDO 2006
05:48.54	462	Final	2004-06-05	Laxaleken 2004
05:19.09	602	Final	2006-06-09	DM/JDM (50m)
05:17.47	611	Final	2009-06-14	DM/JDM VSSF 2009
05:16.04	619	Final	2008-07-16	SM/JSM (50m) 2008
05:13.64	626	Final	2016-06-10	DM/JDM 50m 2016