

Amanda Rutqvist

Se detaljerad information och personbästatider

Gren: 400m Medley (50) Personbästa: 05:05.10 AQUA-poäng: 688 Datum: 2009-07-04 Tävling: SM/JSM (50m) 2009

Tid	AQUA	Omgång	Datum	Tävling
05:48.54	462	Final	2004-06-05	Laxaleken 2004
05:46.54	470	Final	2004-07-08	SUM-SIM 2004 (50m)
05:44.19	479	Final	2004-06-18	DM JDM 50M
05:31.60	536	Final	2007-07-06	DM/JDM 2007 - 50m
05:30.76	540	Final	2005-07-07	SUM-SIM 2005 (50m)
05:27.16	558	Final	2005-04-30	Sydsim Swim Meet
05:26.63	561	Final	2007-02-11	Grand Prix 2
05:26.42	562	Final	2007-06-11	Citadellsim 2007
05:26.38	562	Final	2009-04-25	Grand Prix FINAL 2009
05:24.41	572	Final	2008-06-27	DM JDM 50M
05:23.51	577	Final	2011-06-12	DM/JDM VSSF 2011
05:23.44	578	Final	2006-07-16	SUM-SIM 2006 (50m)
05:23.20	579	Final	2006-07-16	SUM-SIM 2006 (50m)
05:22.24	584	Final	2010-04-24	Grand Prix final 2010
05:22.16	585	Final	2010-06-20	DM/JDM VSSF 2010
05:21.55	588	Final	2007-02-10	Grand Prix 2
05:21.30	589	Final	2006-05-26	SPEEDO 2006
05:20.99	591	Final	2010-04-25	Grand Prix final 2010
05:19.40	600	Final	2008-03-08	Grand Prix 2
05:19.27	601	Final	2008-04-12	Falkenberg Speedo Race