

Jonas Holmström

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:22.71 AQUA-poäng: 699 Datum: 2022-11-25 Tävling: SM/JSM (25M) 2022

Tid	AQUA	Omgång	Datum	Tävling
00:25.45	507	Final	2009-11-08	Swedish Swim Games 2009
00:23.43	650	Final	2011-10-16	FINA World Cup 2011 Stage 2 - Stockholm
00:23.41	652	Final	2011-11-11	Nordsjøstevnet 2011
00:23.81	619	Final	2011-02-04	JSM (25m) 2011
00:23.39	653	Final	2011-11-25	SM (25m) 2011
00:24.14	594	Final	2010-04-10	Nord-Emballage Korsvirkessim
00:23.33	654	Final	2016-11-07	SM/JSM (25m) 2016
00:23.31	660	Final	2012-01-27	JSM (25m) 2012
00:23.22	664	Final	2015-11-07	SM/JSM (25m) 2015
00:23.15	670	Final	2017-11-04	SM/JSM (25m) 2017
00:34.64	201	Final	2003-05-02	ULLBERGSTROFEN 2003
00:23.10	664	Final	2021-11-27	SM/JSM (25m) 2021
00:23.73	626	Final	2012-01-29	JSM (25m) 2012
00:22.94	688	Final	2018-11-17	SM/JSM (25m) 2018
00:22.88	698	Final	2014-11-22	SM/JSM (25m) 2014
00:25.16	525	Final	2009-04-04	Nord-Emballage Korsvirkessim
00:22.73	697	Final	2022-11-25	SM/JSM (25M) 2022
00:22.71	699	Final	2022-11-25	SM/JSM (25M) 2022
00:23.29	662	Final	2015-03-22	Öresund Meeting 2015
00:42.00	112	Final	2002-02-09	DRONKSIM