

Sebastian Holmberg

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:23.61 AQUA-poäng: 694 Datum: 2019-07-01 Tävling: SM/Para-SM/JSM (50m) 2019

Tid	AQUA	Omgång	Datum	Tävling
00:36.98	180	Final	2000-07-03	Stockholms Summergames 2000
00:34.16	229	Final	2001-06-10	Viking Knatte Cup 2001
00:32.67	262	Final	2002-06-16	Viking Knatte Cup 2002
00:26.04	517	Final	2008-06-26	DM/JDM Stockholm 2008
00:25.95	523	Final	2007-07-06	DM/JDM (50m) 2007
00:25.91	525	Final	2007-05-27	Neptuniaden 2007
00:25.62	543	Final	2009-05-30	Speedo Nordic Cup 2009
00:25.47	553	Final	2009-06-03	Speedo Nordic Cup 2009
00:25.44	555	Final	2009-05-17	Neptuniaden 2009
00:25.41	557	Final	2009-05-10	Jöns Svanbergsimmet 2009
00:25.27	566	Final	2009-05-30	Speedo Nordic Cup 2009
00:24.96	587	Final	2015-05-17	TYR Challenger Meet 2015
00:24.96	587	Final	2009-07-02	SM/JSM (50m) 2009
00:24.87	594	Final	2010-06-05	Tyr Challenger Meet
00:24.55	617	Final	2019-04-15	Malmsten Swim Open Stockholm 2019
00:24.06	656	Final	2019-05-26	DM 2019 Långbana
00:23.88	671	Final	2019-04-02	Helsinki Swim Meet
00:23.88	671	Final	2019-04-02	Helsinki Swim Meet
00:23.70	686	Final	2019-07-01	SM/Para-SM/JSM (50m) 2019
00:23.61	694	Final	2019-07-01	SM/Para-SM/JSM (50m) 2019