

## Josefina Holmén

Se detaljerad information och personbästatider

Gren: 200m Frisim (25) Personbästa: 02:17.34 AQUA-poäng: 530 Datum: 2008-11-07 Tävling: DM - Västsvenska

| Tid      | AQUA | Omgång | Datum      | Tävling                   |
|----------|------|--------|------------|---------------------------|
| 02:17.34 | 530  | Final  | 2008-11-07 | DM - Västsvenska          |
| 02:17.41 | 529  | Final  | 2008-04-05 | UGP 2/Team Sportia Swim   |
| 02:18.07 | 521  | Final  | 2006-12-02 | Barracuda Race            |
| 02:18.16 | 520  | Final  | 2006-05-26 | BILKA Swim Cup 2006       |
| 02:18.49 | 517  | Final  | 2008-11-08 | DM - Västsvenska          |
| 02:18.91 | 512  | Final  | 2006-03-11 | Team Sportia Swim/UGP2    |
| 02:19.07 | 510  | Final  | 2006-06-06 | Examensimmet              |
| 02:19.37 | 507  | Final  | 2009-04-05 | Västkustloppet            |
| 02:19.72 | 503  | Final  | 2009-01-10 | JDM                       |
| 02:20.16 | 498  | Final  | 2007-03-24 | UGP 2 / ARENA Sprint Meet |
| 02:20.64 | 493  | Final  | 2006-09-17 | Sim a gogo                |
| 02:20.92 | 490  | Final  | 2007-09-08 | Luna Cup 2007             |
| 02:20.93 | 490  | Final  | 2009-03-21 | UGP 2 / Team Sportia Swim |
| 02:21.06 | 489  | Final  | 2007-06-06 | Examensimmet              |
| 02:21.30 | 487  | Final  | 2007-03-10 | VÄSTKUSTLOPPET            |
| 02:21.47 | 485  | Final  | 2007-01-13 | JDM                       |
| 02:21.97 | 480  | Final  | 2005-12-03 | Barracuda Race            |
| 02:24.42 | 456  | Final  | 2005-03-05 | Team Sportia Swim / UGP2  |
| 02:24.42 | 456  | Final  | 2005-03-05 | Team Sportia Swim / UGP2  |
| 02:25.19 | 448  | Final  | 2005-05-06 | BILKA Swim Cup 2005       |