

## Lena Juza

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:32.81 AQUA-poäng: 341 Datum: 2023-12-09 Tävling: Julklappsplasket 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                 |
|----------|------|--------|------------|-------------------------|
| 00:38.91 | 204  | Final  | 2021-10-10 | Burger King Swim        |
| 00:39.79 | 191  | Final  | 2021-10-17 | UGP 3                   |
| 00:36.45 | 248  | Final  | 2022-10-01 | Burger King Swim        |
| 00:36.08 | 256  | Final  | 2022-12-03 | Höstsimiaden            |
| 00:35.99 | 258  | Final  | 2023-02-04 | Vidösternsimmet Sprint  |
| 00:36.41 | 249  | Final  | 2023-02-05 | Vidösternsimmet Sprint  |
| 00:35.64 | 266  | Final  | 2023-02-18 | OF-Sprint 2023          |
| 00:35.57 | 267  | Final  | 2023-03-04 | Sandaredssimmet 2023    |
| 00:34.65 | 289  | Final  | 2023-09-09 | Varberg Swim Games 2023 |
| 00:35.36 | 272  | Final  | 2023-09-23 | Loranga Cup 2023        |
| 00:32.81 | 341  | Final  | 2023-12-09 | Julklappsplasket 2023   |
| 00:33.07 | 333  | Final  | 2023-12-09 | Julklappsplasket 2023   |
| 00:33.63 | 316  | Final  | 2024-01-28 | UGP1 Växjö              |