

## Adam Joseph Michel

Se detaljerad information och personbästatider

Gren: 50m Bröstsims (25) Personbästa: 00:34.17 AQUA-poäng: 389 Datum: 2023-04-02 Tävling: Medley Cup 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 00:34.17 | 389  | Final  | 2023-04-02 | Medley Cup 2023                   |
| 00:34.18 | 388  | Final  | 2023-12-10 | Skuru Jul-Sprint                  |
| 00:36.32 | 336  | Final  | 2021-10-17 | UGP3, 2021, Norrtälje             |
| 00:37.03 | 317  | Final  | 2021-09-26 | Arne Borgs minne &TYR sprint 2021 |
| 00:40.92 | 234  | Final  | 2020-09-26 | Lidingö Micro 2                   |
| 00:41.53 | 224  | Final  | 2019-09-29 | Arne Borgs minne &TYR sprint 2019 |
| 00:42.45 | 210  | Final  | 2019-12-14 | Åkeshov invitational              |
| 00:43.46 | 196  | Final  | 2018-12-16 | Skuru Julsprint 2018              |
| 00:44.46 | 183  | Final  | 2018-09-30 | Arne Borgs minne TYR sprint       |
| 00:46.37 | 161  | Final  | 2018-03-24 | Seriesim_Div3_Omg2                |
| 00:46.57 | 159  | Final  | 2018-04-21 | Medley Cup                        |
| 00:46.80 | 157  | Final  | 2017-11-05 | Saltis Cup 2017                   |
| 00:47.16 | 153  | Final  | 2018-03-11 | Caroline af Ugglas knattsim       |
| 00:47.23 | 152  | Final  | 2017-09-30 | Head to HEAD 2017                 |
| 00:47.45 | 150  | Final  | 2018-06-03 | Gurrasimmet                       |
| 00:47.79 | 147  | Final  | 2017-09-24 | Arne Borgs minne TYR sprint       |
| 00:49.85 | 129  | Final  | 2017-09-09 | ENA-Cupen 2017                    |