

## Nicola St Clair Maitland

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 05:58.48 AQUA-poäng: 286 Datum: 2019-09-10 Tävling: World Para Swimming Championships

| Tid      | AQUA | Omgång | Datum      | Tävling                                                             |
|----------|------|--------|------------|---------------------------------------------------------------------|
| 05:58.48 | 286  | Final  | 2019-09-10 | World Para Swimming Championships                                   |
| 06:03.16 | 275  | Final  | 2023-03-18 | Citi Para Swimming World Series Sheffield 2023                      |
| 06:03.32 | 275  | Final  | 2023-11-17 | Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych |
| 06:05.27 | 271  | Final  | 2018-07-07 | SM/Para-SM/JSM (50m) 2018                                           |
| 06:07.58 | 266  | Final  | 2020-01-26 | Skagerrak Swim                                                      |
| 06:11.05 | 258  | Final  | 2020-03-07 | UGP 3- Eriksdalsbadet, 2020                                         |
| 06:11.21 | 258  | Final  | 2023-05-27 | Citi Para Swimming World Series France 2023                         |
| 06:11.71 | 257  | Final  | 2023-05-13 | Citi Para Swimming World Series Berlin 2023                         |
| 06:11.96 | 253  | Final  | 2024-04-21 | Madeira 2024 Para Swimming European Open Championships              |
| 06:13.21 | 254  | Final  | 2018-06-09 | 32. Internationale Deutsche Meisterschaften                         |
| 06:13.21 | 254  | Final  | 2018-06-09 | 32. Internationale Deutsche Meisterschaften                         |
| 06:13.21 | 254  | Final  | 2018-06-09 | 32. Internationale Deutsche Meisterschaften                         |
| 06:14.53 | 248  | Final  | 2024-04-07 | Malmsten Swim Open Stockholm 2024                                   |
| 06:16.84 | 247  | Final  | 2018-06-03 | DM 50m 2018                                                         |
| 06:17.06 | 246  | Final  | 2023-05-27 | Citi Para Swimming World Series France 2023                         |
| 06:17.26 | 246  | Final  | 2023-08-01 | World Para Swimming Allianz World Championships 2023                |
| 06:21.19 | 238  | Final  | 2022-11-05 | Winter Polish Open Championchips 2022                               |
| 06:22.79 | 235  | Final  | 2021-05-17 | 2020 World Para Swimming European Open Championships                |