

## Emanuel Liljestedt

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:30.13 AQUA-poäng: 299 Datum: 2021-10-09 Tävling: HEAD to Head 2021

| Tid      | AQUA | Omgång | Datum      | Tävling                      |
|----------|------|--------|------------|------------------------------|
| 00:51.18 | 62   | Final  | 2017-11-05 | Saltis Cup 2017              |
| 00:50.05 | 66   | Final  | 2017-12-02 | Höstsimiaden                 |
| 00:48.33 | 73   | Final  | 2017-09-30 | Sydpoolen Knatte Cup 2017    |
| 00:44.63 | 93   | Final  | 2018-05-06 | Vårsimiaden distrikt         |
| 00:41.55 | 115  | Final  | 2018-09-29 | Neptun Arena Knatte Cup      |
| 00:39.90 | 130  | Final  | 2019-05-05 | Vårsimiaden 2019 Torvalla    |
| 00:39.35 | 136  | Final  | 2019-02-16 | Tyresö Knatte                |
| 00:38.82 | 142  | Final  | 2018-12-02 | Höstsimiaden 2018, SPIF      |
| 00:37.90 | 152  | Final  | 2019-11-03 | Saltis Cup 2019              |
| 00:37.48 | 157  | Final  | 2019-10-19 | Polisen HEAD to Head 2019    |
| 00:36.57 | 170  | Final  | 2020-03-08 | Caroline af Ugglas knattesim |
| 00:34.82 | 196  | Final  | 2020-03-08 | Caroline af Ugglas knattesim |
| 00:34.16 | 208  | Final  | 2020-02-15 | Kringelsim 2020              |
| 00:33.61 | 219  | Final  | 2020-02-01 | NUSS Yngre (25m) 2020        |
| 00:31.60 | 262  | Final  | 2021-06-13 | Kneippby Swim                |
| 00:31.21 | 269  | Final  | 2021-09-25 | Wadköpingsdoppet 2021        |
| 00:30.13 | 299  | Final  | 2021-10-09 | HEAD to Head 2021            |