

## Stina Westerlund

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:31.55 AQUA-poäng: 383 Datum: 2022-10-22 Tävling: Utmanaren 3 & Distans-KM 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                |
|----------|------|--------|------------|----------------------------------------|
| 00:32.87 | 339  | Final  | 2023-03-04 | Skomakardoppet 2023                    |
| 00:32.70 | 344  | Final  | 2023-02-05 | NUSS Äldre 25m 2023                    |
| 00:32.04 | 366  | Final  | 2022-12-09 | Utmanaren 4 & Sprint-KM 2022           |
| 00:31.94 | 370  | Final  | 2022-12-03 | Sparbanken Rekarne Simcup 2022         |
| 00:31.55 | 383  | Final  | 2022-10-22 | Utmanaren 3 & Distans-KM 2022          |
| 00:32.43 | 353  | Final  | 2022-10-16 | Värmlandssprinten 2022, Kristinehamn   |
| 00:32.68 | 345  | Final  | 2022-09-24 | Wadköpingsdoppet 2022                  |
| 00:32.21 | 360  | Final  | 2022-06-18 | Sommar Utmanaren 2022                  |
| 00:33.33 | 325  | Final  | 2021-12-17 | Utmanaren 4 & Sprint-KM 2021           |
| 00:32.23 | 360  | Final  | 2021-12-04 | Sparbanken Rekarne Simcup & TYR Sprint |
| 00:32.25 | 359  | Final  | 2021-11-14 | Sum-Sim regionfinal 2021 Uppsala       |
| 00:33.45 | 322  | Final  | 2021-09-25 | Wadköpingsdoppet 2021                  |
| 00:35.14 | 277  | Final  | 2020-02-29 | Skomakardoppet 2020                    |
| 00:39.25 | 199  | Final  | 2019-03-02 | Skomakardoppet 2019                    |
| 00:41.42 | 169  | Final  | 2019-01-19 | Utmanaren 1 & Distans-KM 2019          |
| 00:44.57 | 136  | Final  | 2018-10-07 | Utmanaren 3/ Distans-KM                |
| 00:51.34 | 92   | Final  | 2018-02-17 | Utmanaren 1/ Distans-KM                |
| 00:55.37 | 73   | Final  | 2017-12-15 | KM / Utmanaren 4                       |
| 00:55.37 | 73   | Final  | 2017-12-15 | KM / Utmanaren 4                       |
| 00:54.14 | 79   | Final  | 2017-10-07 | Knattecup                              |