

Frida Forsmark

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 01:01.49 AQUA-poäng: 545 Datum: 2023-11-12 Tävling: Sum-Sim regionfinal 2023 Stockholm

Tid	AQUA	Omgång	Datum	Tävling
01:03.38	498	Final	2023-09-24	Swedish Swim Games 2023 - Grand Prix 1
01:04.00	484	Final	2023-10-08	Zoggs Zwim 2023
01:06.06	440	Final	2021-10-10	HEAD to Head 2021
01:04.72	468	Final	2022-10-09	Polisen Head to Head 2022
01:05.03	461	Final	2021-10-17	UGP 3, 2021 - Simklubben Neptun
01:20.53	242	Final	2018-09-29	Neptun Arena Knatte Cup
01:10.56	361	Final	2020-10-18	Neppan Micro III
01:08.51	394	Final	2020-02-15	Neppan Knatte-Cup Vinter 2020
01:07.30	416	Final	2021-02-20	Tempo Race 1
01:06.25	436	Final	2021-09-25	Septembersim 2021
01:05.96	442	Final	2023-10-21	DM 25m 2023
01:05.69	447	Final	2021-05-14	Temporär-Race 3 (25m)
01:05.25	456	Final	2022-10-16	UGP3, 2022 ERIKSDAL
01:05.08	460	Final	2022-09-24	Septembersim 2022
01:01.49	545	Final	2023-11-12	Sum-Sim regionfinal 2023 Stockholm
01:04.71	468	Final	2021-11-13	Sum-Sim regionfinal Stockholm
01:04.21	479	Final	2023-12-10	Åkeshov Invitational 2023
01:04.15	480	Final	2022-11-12	Sum-Sim regionfinal 2022-Stockholm
01:04.06	482	Final	2021-11-13	Sum-Sim regionfinal Stockholm
01:03.93	485	Final	2023-10-15	UGP3, 2023, Eriksdalsbadet