

## Ellen Jörstad

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:27.12 AQUA-poäng: 604 Datum: 2023-09-23 Tävling: Wadköpingsdoppet 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                        |
|----------|------|--------|------------|------------------------------------------------|
| 00:35.39 | 272  | Final  | 2019-05-30 | Sala Sparbanks Silverdoppet 2019               |
| 00:34.95 | 282  | Final  | 2019-02-02 | NUSS Yngre (25m)                               |
| 00:34.02 | 306  | Final  | 2020-02-01 | NUSS Yngre (25m) 2020                          |
| 00:33.94 | 308  | Final  | 2019-10-05 | Knatte Cup 2019                                |
| 00:33.38 | 324  | Final  | 2019-10-19 | Sparbanken Rekarne Simcup & TYR Sprint         |
| 00:33.12 | 331  | Final  | 2020-02-02 | NUSS Yngre (25m) 2020                          |
| 00:33.09 | 332  | Final  | 2019-12-13 | Utmanaren 4 & Sprint-KM 2019                   |
| 00:33.04 | 334  | Final  | 2019-09-21 | Wadköpingsdoppet 2019                          |
| 00:32.91 | 338  | Final  | 2019-10-05 | Knatte Cup 2019                                |
| 00:31.82 | 374  | Final  | 2020-03-01 | Skomakardoppet 2020                            |
| 00:31.41 | 389  | Final  | 2020-02-29 | Skomakardoppet 2020                            |
| 00:31.25 | 395  | Final  | 2020-10-03 | Effective Sprint & Distans 2020                |
| 00:29.93 | 449  | Final  | 2021-09-25 | Wadköpingsdoppet 2021                          |
| 00:28.20 | 537  | Final  | 2022-10-08 | Senior-DM, Junior-DM och DM-Parasim (25m) 2022 |
| 00:28.10 | 543  | Final  | 2024-03-02 | Skomakardoppet 2024                            |
| 00:28.01 | 548  | Final  | 2022-10-08 | Senior-DM, Junior-DM och DM-Parasim (25m) 2022 |
| 00:27.87 | 556  | Final  | 2023-12-15 | Utmanaren & Sprint-KM 2023                     |
| 00:27.82 | 559  | Final  | 2024-04-27 | Ullbergstrofén final                           |
| 00:27.76 | 563  | Final  | 2023-10-21 | Senior-DM, Junior-DM och Parasim-DM (25m) 2023 |
| 00:27.73 | 565  | Final  | 2022-11-24 | SM/JSM (25M) 2022                              |