

## Adrian Ekström

Se detaljerad information och personbästatider

Gren: 50m Bröstsöm (25) Personbästa: 00:33.04 AQUA-poäng: 446 Datum: 2021-08-28 Tävling: Karlstad Open

| Tid      | AQUA | Omgång | Datum      | Tävling                       |
|----------|------|--------|------------|-------------------------------|
| 01:04.83 | 59   | Final  | 2016-02-07 | Roslagsmästerskapen 2016      |
| 01:03.52 | 62   | Final  | 2016-03-14 | ÅSS öppna                     |
| 01:00.89 | 71   | Final  | 2016-05-29 | Gurrasimmet 2016              |
| 00:54.83 | 97   | Final  | 2016-10-08 | Tureberg knatte cup 2016      |
| 00:51.89 | 115  | Final  | 2016-11-06 | Saltis Cup 2016               |
| 00:51.00 | 121  | Final  | 2016-12-11 | Luciasimmet                   |
| 00:47.32 | 151  | Final  | 2017-05-28 | Gurrasimmet 2017              |
| 00:47.23 | 152  | Final  | 2017-03-25 | Caroline af Ugglas knattessim |
| 00:45.38 | 172  | Final  | 2017-09-24 | Arne Borgs minne TYR sprint   |
| 00:45.34 | 172  | Final  | 2017-10-07 | Tureberg Knatte Cup 2017      |
| 00:40.36 | 244  | Final  | 2018-04-21 | Medley Cup                    |
| 00:36.14 | 341  | Final  | 2018-12-16 | Skuru Julsprint 2018          |
| 00:35.94 | 346  | Final  | 2019-05-26 | Gurrasimmet                   |
| 00:34.67 | 386  | Final  | 2020-06-13 | Vår KM                        |
| 00:34.58 | 375  | Final  | 2024-05-26 | Gurrasimmet                   |
| 00:34.46 | 393  | Final  | 2020-09-26 | Swedish Swim Games            |
| 00:34.44 | 380  | Final  | 2023-06-13 | Skuru KM                      |
| 00:34.35 | 397  | Final  | 2019-12-08 | Skuru Julsprint 2019          |
| 00:34.31 | 398  | Final  | 2019-10-20 | Polisen HEAD to Head 2019     |
| 00:34.27 | 385  | Final  | 2023-12-10 | Skuru Jul-Sprint              |