

## Kerstin Cederlund

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:31.36 AQUA-poäng: 640 Datum: 2023-05-15 Tävling:  
Distanscupen 4 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 05:23.03 | 382  | Final  | 2018-10-13 | Medaljjakt A, T 181013                     |
| 05:17.76 | 402  | Final  | 2018-11-11 | Sum-Sim (25m) 2018 regionfinal Skåne norra |
| 05:07.44 | 443  | Final  | 2019-03-24 | Öresund Meeting 2019                       |
| 05:05.66 | 451  | Final  | 2019-05-04 | Vårsimiade Distrikt 2019                   |
| 05:05.22 | 453  | Final  | 2019-09-07 | Arena Poseidon Team Cup                    |
| 04:58.23 | 482  | Final  | 2020-01-25 | UGP 2 2020                                 |
| 04:53.34 | 507  | Final  | 2019-09-22 | Speedo Swim Meet 2019                      |
| 04:51.17 | 518  | Final  | 2019-11-10 | Sum-Sim (25m) 2019 regionfinal Skåne norra |
| 04:50.51 | 522  | Final  | 2019-12-08 | Sum-Sim (25m) 2019 riksfinal               |
| 04:46.16 | 528  | Final  | 2023-09-24 | GTI Cup 2023                               |
| 04:47.34 | 539  | Final  | 2022-10-23 | DM/JDM/PARA DM                             |
| 04:40.05 | 582  | Final  | 2022-10-02 | Speedo Swim Meet 2022                      |
| 04:36.24 | 587  | Final  | 2024-05-06 | Distanscupen 4 2024                        |
| 04:38.51 | 592  | Final  | 2021-05-08 | Temporärrace 11                            |
| 04:36.24 | 607  | Final  | 2022-12-18 | Sum-Sim riksfinal 2022                     |
| 04:34.68 | 617  | Final  | 2022-11-13 | Sum-Sim regionfinal 2022 Ängelholm         |
| 04:31.36 | 640  | Final  | 2023-05-15 | Distanscupen 4 2023                        |