

## Alexander Ljungdahl

Se detaljerad information och personbästatider

Gren: 200m Ryggsim (25) Personbästa: 02:27.71 AQUA-poäng: 365 Datum: 2023-10-15 Tävling: UGP 3

| Tid      | AQUA | Omgång | Datum      | Tävling                            |
|----------|------|--------|------------|------------------------------------|
| 02:27.71 | 365  | Final  | 2023-10-15 | UGP 3                              |
| 02:28.60 | 359  | Final  | 2024-01-28 | UGP 1                              |
| 02:30.19 | 347  | Final  | 2023-02-11 | DiTEC Swim Meet 2023               |
| 02:42.81 | 273  | Final  | 2020-02-02 | DiTEC Swim Meet 2020               |
| 02:42.83 | 272  | Final  | 2021-11-14 | Sum-Sim Regionfinal 2021 Ängelholm |
| 02:43.35 | 270  | Final  | 2021-10-24 | DM Sjöbo                           |
| 02:44.60 | 264  | Final  | 2018-11-24 | Hillerød Cup                       |
| 02:44.68 | 263  | Final  | 2019-10-13 | UGP 1 SKåne-Blekinge               |
| 02:45.33 | 260  | Final  | 2019-08-25 | Rönneracet 2019                    |
| 02:45.66 | 259  | Final  | 2021-10-03 | Speedo Swim Meet 2021              |
| 02:45.89 | 258  | Final  | 2020-09-20 | Speedo Swim Meet 2020              |
| 02:55.88 | 216  | Final  | 2018-09-23 | Loranga Cup                        |
| 02:55.90 | 216  | Final  | 2017-10-07 | Lödde Cup                          |
| 03:21.15 | 144  | Final  | 2017-01-28 | Upp till 13                        |