

Sofia Frisk

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:35.82 AQUA-poäng: 478 Datum: 2019-11-10 Tävling: Sum-Sim (25m) 2019 regionfinal Skåne norra

Tid	AQUA	Omgång	Datum	Tävling
03:20.14	225	Final	2016-10-08	Medaljjakt A, T 161008
02:59.78	311	Final	2017-03-11	Medaljjakt A, T 170311
02:57.79	322	Final	2017-05-06	Simiaden
02:57.12	325	Final	2017-06-03	Vårsimiaden Region/Sponsor Cup
02:53.53	346	Final	2017-10-21	Swedbanks Medaljjakt A, T 1710
02:49.62	370	Final	2017-09-30	Speedo Swim Meet 2017
02:49.03	374	Final	2018-08-26	Rönneracet
02:47.52	384	Final	2018-05-05	Simiaden
02:45.32	400	Final	2018-05-20	Vårsimiaden - Regionfinal
02:44.82	404	Final	2018-03-10	Medaljjakt A, T 180310
02:44.19	408	Final	2018-10-13	Medaljjakt A, T 181013
02:44.10	409	Final	2018-03-24	Öresund Meeting 2018
02:43.70	412	Final	2018-09-22	Speedo Swim Meet 2018
02:43.16	416	Final	2019-09-07	Arena Poseidon Team Cup
02:41.27	431	Final	2019-10-12	SwedbankMedaljjakt A, T 191012
02:40.23	439	Final	2019-09-22	Speedo Swim Meet 2019
02:39.87	442	Final	2020-09-19	Speedo Swim Meet 2020
02:39.86	442	Final	2018-11-10	Sum-Sim (25m) 2018 regionfinal Skåne norra
02:38.99	450	Final	2021-05-08	Temporärrace 11
02:38.68	452	Final	2019-12-07	Sim à Lund - GUL Challenge