

## Nils Backlund

Se detaljerad information och personbästatider

Gren: 200m Ryggswim (25) Personbästa: 02:17.85 AQUA-poäng: 449 Datum: 2019-12-14 Tävling: Åkeshov invitational

| Tid      | AQUA | Omgång | Datum      | Tävling                                  |
|----------|------|--------|------------|------------------------------------------|
| 02:21.47 | 416  | Final  | 2020-09-27 | Swedish Swim Games                       |
| 02:17.85 | 449  | Final  | 2019-12-14 | Åkeshov invitational                     |
| 02:20.55 | 424  | Final  | 2020-01-26 | UGP 2-2020 Södertörn                     |
| 02:21.50 | 415  | Final  | 2019-10-13 | UGP1 2019                                |
| 02:21.57 | 415  | Final  | 2019-01-27 | UGP-2 Torvalla                           |
| 02:23.49 | 398  | Final  | 2019-09-12 | Tensta Cup                               |
| 02:23.99 | 394  | Final  | 2018-11-11 | Sum-Sim (25m) 2018 regionfinal Stockholm |
| 02:26.51 | 374  | Final  | 2018-09-22 | Arena Cup 2018                           |
| 02:27.37 | 368  | Final  | 2018-10-14 | U-GP 1 2018/2019                         |
| 02:31.99 | 335  | Final  | 2018-04-12 | Tensta Cup 2 2018                        |
| 02:43.53 | 269  | Final  | 2017-10-26 | Tensta cup 4                             |
| 03:04.42 | 190  | Final  | 2016-02-21 | Sollentuna Simfestival 2016              |
| 03:09.77 | 174  | Final  | 2016-01-30 | UGP 1 - 2016                             |