

## Iris Flykt-Rosén

Se detaljerad information och personbästatider

Gren: 50m Bröstsöm (25) Personbästa: 00:37.55 AQUA-poäng: 439 Datum: 2021-09-26 Tävling: Arne Borgs minne &TYR sprint 2021

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 00:45.15 | 255  | Final  | 2019-01-27 | Neppan Knatte 2019                |
| 00:53.26 | 158  | Final  | 2017-05-07 | Vårsimiaden distrikt              |
| 00:52.16 | 165  | Final  | 2017-12-17 | Jul-KM                            |
| 00:51.19 | 178  | Final  | 2017-06-18 | Vår-KM                            |
| 00:50.96 | 177  | Final  | 2018-06-03 | Gurrasimmet                       |
| 00:50.26 | 185  | Final  | 2017-12-02 | Höstsimiaden                      |
| 00:48.03 | 212  | Final  | 2018-11-04 | Saltis Cup 2018                   |
| 00:47.94 | 213  | Final  | 2018-09-30 | Arne Borgs minne TYR sprint       |
| 00:47.15 | 224  | Final  | 2018-12-16 | Skuru Julsprint 2018              |
| 00:46.35 | 233  | Final  | 2019-06-16 | Vår KM                            |
| 00:46.13 | 239  | Final  | 2019-05-26 | Gurrasimmet                       |
| 00:37.55 | 439  | Final  | 2021-09-26 | Arne Borgs minne &TYR sprint 2021 |
| 00:45.12 | 253  | Final  | 2019-09-29 | Arne Borgs minne &TYR sprint 2019 |
| 00:56.15 | 134  | Final  | 2016-11-27 | Höstsimiaden                      |
| 00:42.87 | 295  | Final  | 2019-11-03 | Saltis Cup 2019                   |
| 00:39.51 | 377  | Final  | 2020-09-19 | Speedo Swim 2020                  |
| 01:03.16 | 94   | Final  | 2015-11-25 | Höstsimiaden                      |
| 00:39.05 | 391  | Final  | 2020-06-27 | Riksmästerskap (25m) 2020 NACKA   |
| 00:38.29 | 414  | Final  | 2020-12-19 | Skuru Jullovs-Covid Race          |
| 00:37.68 | 435  | Final  | 2022-09-25 | Arne Borgs minne & TYR sprint     |