

Mikael Lanestrand

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:30.80 AQUA-poäng: 283 Datum: 2020-12-19 Tävling: Skuru Jullovs-Covid Race

Tid	AQUA	Omgång	Datum	Tävling
00:30.80	283	Final	2020-12-19	Skuru Jullovs-Covid Race
00:31.07	277	Final	2020-06-27	Riksmästerskap (25m) 2020 NACKA
00:31.22	272	Final	2021-04-16	Skuru Temporärrace
00:31.34	269	Final	2020-09-20	Speedo Swim 2020
00:31.61	263	Final	2020-06-13	Vår KM
00:31.81	254	Final	2022-10-08	Polisen Head to Head 2022
00:31.85	253	Final	2021-11-14	Sum-Sim regionfinal 2021 Region 3b Södertälje
00:31.90	255	Final	2020-12-05	Skuru Jul-Covid Race
00:32.51	238	Final	2022-06-14	Skuru KM
00:32.80	234	Final	2021-08-28	Karlstad Open
00:32.90	230	Final	2022-12-11	Skuru Jul-Sprint
00:33.17	227	Final	2019-12-08	Skuru Julsprint 2019
00:33.84	214	Final	2019-10-19	Polisen HEAD to Head 2019
00:35.68	183	Final	2019-09-29	Arne Borgs minne &TYR sprint 2019
00:36.23	174	Final	2019-05-26	Gurrasimmet
00:37.43	158	Final	2018-12-16	Skuru Julsprint 2018
00:37.94	152	Final	2018-10-20	HEAD to Head 2018
00:38.22	148	Final	2017-12-17	Jul-KM
00:38.53	145	Final	2018-06-03	Gurrasimmet
00:40.32	126	Final	2017-10-07	Tureberg Knatte Cup 2017