

## Richard Ekholm

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 00:54.95 AQUA-poäng: 547 Datum: 2018-11-11 Tävling: Sum-Sim (25m) 2018 regionfinal Västsvenska

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 00:58.12 | 462  | Final  | 2017-11-12 | Sum-Sim Region 5 VSSF 2017                 |
| 01:04.08 | 344  | Final  | 2016-04-02 | Öresund Meeting 2016                       |
| 01:03.09 | 361  | Final  | 2016-12-18 | KM 6                                       |
| 01:01.05 | 398  | Final  | 2016-11-13 | Sum-Sim Region 5 VSSF 2016                 |
| 01:01.04 | 399  | Final  | 2016-09-11 | Serneke Swim Open                          |
| 01:01.01 | 399  | Final  | 2017-03-12 | UGP 2 Kungsbacka 2017-03-11                |
| 01:00.83 | 403  | Final  | 2016-10-22 | UGP 4                                      |
| 01:28.77 | 129  | Final  | 2014-11-22 | Höstsimiaden VSSF Alingsås                 |
| 00:59.79 | 424  | Final  | 2017-10-21 | UGP 1 OLKA Sportresor 2017                 |
| 00:58.72 | 448  | Final  | 2017-12-17 | Luciaden 2017                              |
| 00:58.24 | 459  | Final  | 2018-10-07 | DM/JDM VSSF 25m 2018                       |
| 00:54.95 | 547  | Final  | 2018-11-11 | Sum-Sim (25m) 2018 regionfinal Västsvenska |
| 00:57.92 | 467  | Final  | 2017-11-12 | Sum-Sim Region 5 VSSF 2017                 |
| 00:57.81 | 469  | Final  | 2017-12-10 | Team Race Meet                             |
| 00:57.79 | 470  | Final  | 2018-01-10 | KM 1                                       |
| 00:57.36 | 480  | Final  | 2019-10-20 | DM/JDM VSSF                                |
| 00:57.14 | 486  | Final  | 2021-11-06 | Novembersim 2021                           |
| 00:56.77 | 496  | Final  | 2019-05-15 | Stippen 3                                  |
| 00:56.49 | 503  | Final  | 2018-01-27 | UGP 2                                      |
| 00:56.45 | 504  | Final  | 2018-10-13 | UGP 1 Stenungsund 2018                     |