

## Freja Härstedt

Se detaljerad information och personbästatider

Gren: 100m Medley (25) Personbästa: 01:15.53 AQUA-poäng: 418 Datum: 2024-03-03 Tävling: Öresund Meeting 2024

| Tid      | AQUA | Omgång | Datum      | Tävling                    |
|----------|------|--------|------------|----------------------------|
| 01:20.34 | 348  | Final  | 2022-05-01 | Ystad Grand Prix 1         |
| 01:26.28 | 280  | Final  | 2018-12-02 | Höstsimiaden               |
| 01:54.52 | 121  | Final  | 2016-09-11 | Sparbanken Skåne Cup       |
| 01:34.23 | 215  | Final  | 2018-09-23 | Sparbanken Skåne Cup       |
| 01:34.22 | 217  | Final  | 2018-04-02 | Vellinge Ester Race        |
| 01:34.03 | 218  | Final  | 2017-12-16 | KM Trelleborg Sim          |
| 01:33.71 | 221  | Final  | 2018-05-06 | Vårsimiaden distrikt       |
| 01:33.17 | 225  | Final  | 2018-03-04 | MedaljRace 2018            |
| 01:33.01 | 226  | Final  | 2017-12-02 | Höstsimiaden               |
| 01:31.49 | 237  | Final  | 2018-03-25 | Öresund Meeting 2018       |
| 01:30.33 | 244  | Final  | 2018-10-06 | Karpsimmet 20181006        |
| 01:26.70 | 276  | Final  | 2018-12-17 | Klubbmästerskap TS YSS     |
| 01:15.53 | 418  | Final  | 2024-03-03 | Öresund Meeting 2024       |
| 01:23.68 | 307  | Final  | 2022-12-17 | KM Trelleborg Sim 2022     |
| 01:23.04 | 315  | Final  | 2019-12-07 | Adventsdoppet 2,0 191207   |
| 01:22.13 | 325  | Final  | 2022-09-10 | Sparbanken Skåne Cup       |
| 01:21.96 | 327  | Final  | 2019-12-14 | Klubbmästerskap 2019       |
| 01:20.45 | 346  | Final  | 2022-11-27 | Sim à Lund - GUL Challenge |
| 01:20.11 | 351  | Final  | 2023-09-09 | Sparbanken Skåne Cup       |
| 01:18.82 | 368  | Final  | 2023-11-26 | Sim à Lund - GUL Challenge |