

## Lia Bromander

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:28.85 AQUA-poäng: 502 Datum: 2023-01-15 Tävling: Team Competition 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                         |
|----------|------|--------|------------|-------------------------------------------------|
| 00:29.91 | 450  | Final  | 2019-09-06 | ARENA USO 2019                                  |
| 00:30.95 | 406  | Final  | 2018-09-07 | ARENA USO 2018                                  |
| 00:30.65 | 418  | Final  | 2018-12-08 | Team Race Meet TYR 2018                         |
| 00:30.64 | 419  | Final  | 2018-12-08 | Team Race Meet TYR 2018                         |
| 00:34.90 | 295  | Final  | 2016-09-11 | Serneke Swim Open                               |
| 00:34.60 | 303  | Final  | 2016-10-01 | ÅSS RACE                                        |
| 00:33.46 | 335  | Final  | 2016-12-04 | Barracuda Race                                  |
| 00:32.95 | 350  | Final  | 2017-02-05 | NUSS Yngre (25m) 2017                           |
| 00:32.94 | 351  | Final  | 2017-02-04 | NUSS Yngre (25m) 2017                           |
| 00:32.71 | 358  | Final  | 2017-10-07 | Upp till 13 2017                                |
| 00:31.32 | 408  | Final  | 2018-03-03 | Sandaredssimmet 2018                            |
| 00:30.93 | 424  | Final  | 2017-11-26 | Barracuda Race                                  |
| 00:28.85 | 502  | Final  | 2023-01-15 | Team Competition 2023                           |
| 00:49.21 | 105  | Final  | 2014-04-12 | Sjöröversimmet                                  |
| 00:30.26 | 435  | Final  | 2018-11-25 | Barracuda Race                                  |
| 00:29.72 | 459  | Final  | 2022-03-05 | Sandaredssimmet 2022                            |
| 00:29.60 | 464  | Final  | 2019-10-19 | DM/JDM VSSF                                     |
| 00:29.57 | 466  | Final  | 2019-11-24 | Barracuda Race - Henning Degerman Memorial 2019 |
| 00:29.53 | 468  | Final  | 2022-11-27 | Barracuda Race - Henning Degerman Memorial 2022 |
| 00:29.39 | 474  | Final  | 2022-09-03 | Varberg Swim Games                              |