

## Zach Widstrand

Se detaljerad information och personbästatider

Gren: 50m Ryggswim (25) Personbästa: 00:29.09 AQUA-poäng: 439 Datum: 2024-05-10 Tävling: 25th DANISH INTERNATIONAL SWIM CUP 2024

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 00:53.48 | 71   | Final  | 2016-02-06 | Dronksim                                |
| 00:55.75 | 63   | Final  | 2016-03-28 | Vellinge Easter Race 2016               |
| 00:56.00 | 62   | Final  | 2016-09-19 | Tritonspelen                            |
| 00:42.68 | 141  | Final  | 2019-01-19 | seriesim div 3 omg 3                    |
| 00:32.51 | 319  | Final  | 2021-09-10 | Sparbanken Skåne Cup                    |
| 00:32.87 | 308  | Final  | 2021-10-24 | DM Sjöbo                                |
| 00:31.53 | 349  | Final  | 2021-10-24 | DM Sjöbo                                |
| 00:31.23 | 360  | Final  | 2021-10-31 | Ystad Grand Prix 2                      |
| 00:30.72 | 378  | Final  | 2021-10-31 | Ystad Grand Prix 2                      |
| 00:32.49 | 319  | Final  | 2022-01-29 | Dronksim (tempo)                        |
| 00:31.45 | 352  | Final  | 2022-03-06 | Öresund Meeting 2022                    |
| 00:30.27 | 395  | Final  | 2022-05-01 | Ystad Grand Prix 1                      |
| 00:31.80 | 341  | Final  | 2022-05-27 | 23th DANISH INTERNATIONAL SWIM CUP      |
| 00:31.15 | 362  | Final  | 2022-09-09 | Sparbanken Skåne Cup                    |
| 00:31.36 | 355  | Final  | 2022-10-02 | Speedo Swim Meet 2022                   |
| 00:30.35 | 392  | Final  | 2023-04-30 | Ystad Grand Prix 1                      |
| 00:30.34 | 392  | Final  | 2023-04-30 | Ystad Grand Prix 1                      |
| 00:30.18 | 399  | Final  | 2023-05-19 | 24th DANISH INTERNATIONAL SWIM CUP      |
| 00:30.04 | 404  | Final  | 2023-09-10 | Sparbanken Skåne Cup                    |
| 00:30.15 | 394  | Final  | 2023-10-29 | Ystad Grand Prix 2 / Swedish Grand Prix |