

Jacob Glans

Se detaljerad information och personbästatider

Gren: 200m Ryggswim (25) Personbästa: 02:03.68 AQUA-poäng: 622 Datum: 2023-11-24 Tävling: SM/JSM (25m) 2023

Tid	AQUA	Omgång	Datum	Tävling
02:08.20	559	Final	2022-11-13	Sum-Sim regionfinal 2022 Karlshamn
02:08.13	560	Final	2021-10-03	Speedo Swim Meet 2021
02:07.79	564	Final	2021-11-14	Sum-Sim regionfinal Kristianstad
02:07.64	566	Final	2022-10-02	Speedo Swim Meet 2022
02:07.36	570	Final	2021-10-24	DM Sjöbo
02:07.29	571	Final	2021-10-31	Ystad Grand Prix 2
02:07.12	573	Final	2022-10-30	Ystad Grand Prix 2 / Swedish Grand Prix
02:07.01	575	Final	2022-12-10	Nordic Championships
02:06.99	575	Final	2021-10-17	UGP 3
02:06.73	579	Final	2023-10-22	DM/JDM/PARA DM
02:06.11	587	Final	2022-11-26	SM/JSM (25M) 2022
02:06.04	588	Final	2022-10-23	DM/JDM/PARA DM
02:05.90	590	Final	2023-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
02:05.58	595	Final	2022-10-30	Ystad Grand Prix 2 / Swedish Grand Prix
02:05.29	599	Final	2022-12-18	Sum-Sim riksfinal 2022
02:05.13	601	Final	2021-12-12	Sum-Sim riksfinal 2021
02:05.02	603	Final	2021-11-26	SM/JSM (25m) 2021
02:04.62	608	Final	2022-11-26	SM/JSM (25M) 2022
02:04.12	616	Final	2023-11-24	SM/JSM (25m) 2023
02:03.85	620	Final	2022-12-10	Nordic Championships