

## Jacob Glans

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (25) Personbästa: 00:55.98 AQUA-poäng: 643 Datum: 2022-10-29 Tävling: Ystad Grand Prix 2 / Swedish Grand Prix

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 00:59.18 | 563  | Final  | 2021-04-17 | KSLS temporärrace april                 |
| 00:59.71 | 530  | Final  | 2021-09-11 | Sparbanken Skåne Cup                    |
| 00:59.83 | 545  | Final  | 2020-10-17 | DM (25 m) Skåne Blekinge                |
| 01:40.88 | 114  | Final  | 2014-09-27 | Morgondagarnas                          |
| 00:56.64 | 621  | Final  | 2021-12-11 | Sum-Sim riksfinal 2021                  |
| 00:55.99 | 643  | Final  | 2023-11-25 | SM/JSM (25m) 2023                       |
| 00:56.00 | 642  | Final  | 2023-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix |
| 00:56.18 | 636  | Final  | 2022-12-12 | Nordic Championships                    |
| 00:56.19 | 636  | Final  | 2024-05-18 | Swedbanks Medalj jakt EM 18 maj 2024    |
| 00:56.25 | 634  | Final  | 2022-12-11 | Nordic Championships                    |
| 00:56.35 | 630  | Final  | 2022-11-25 | SM/JSM (25M) 2022                       |
| 00:56.46 | 627  | Final  | 2022-12-17 | Sum-Sim riksfinal 2022                  |
| 00:56.50 | 625  | Final  | 2022-12-17 | Sum-Sim riksfinal 2022                  |
| 00:57.33 | 599  | Final  | 2022-10-22 | DM/JDM/PARA DM                          |
| 00:56.76 | 617  | Final  | 2024-03-02 | Öresund Meeting 2024                    |
| 00:56.96 | 610  | Final  | 2022-10-22 | DM/JDM/PARA DM                          |
| 00:56.99 | 609  | Final  | 2024-01-27 | UGP 1                                   |
| 00:57.01 | 609  | Final  | 2022-10-01 | Speedo Swim Meet 2022                   |
| 00:55.98 | 643  | Final  | 2022-10-29 | Ystad Grand Prix 2 / Swedish Grand Prix |
| 00:57.22 | 602  | Final  | 2022-11-12 | Sum-Sim regionfinal 2022 Karlshamn      |