

## Jacob Glans

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (25) Personbästa: 00:55.98 AQUA-poäng: 643 Datum: 2022-10-29 Tävlings: Ystad  
Grand Prix 2 / Swedish Grand Prix

| Tid      | AQUA | Omgång | Datum      | Tävling                          |
|----------|------|--------|------------|----------------------------------|
| 00:59.83 | 545  | Final  | 2020-10-17 | DM (25 m) Skåne Blekinge         |
| 00:59.18 | 563  | Final  | 2021-04-17 | KSLS temporärrace april          |
| 00:59.12 | 565  | Final  | 2021-05-14 | Temporärrace 14-15 maj 2021      |
| 01:01.38 | 488  | Final  | 2021-08-22 | Malmsten Swim Meet               |
| 00:58.75 | 575  | Final  | 2021-09-05 | Arena Poseidon Team Cup          |
| 00:59.71 | 530  | Final  | 2021-09-11 | Sparbanken Skåne Cup             |
| 00:58.37 | 567  | Final  | 2021-10-02 | Speedo Swim Meet 2021            |
| 00:57.80 | 584  | Final  | 2021-10-16 | UGP 3                            |
| 00:57.69 | 587  | Final  | 2021-10-23 | DM Sjöbo                         |
| 00:57.96 | 579  | Final  | 2021-10-30 | Ystad Grand Prix 2               |
| 00:57.83 | 583  | Final  | 2021-10-30 | Ystad Grand Prix 2               |
| 00:57.63 | 589  | Final  | 2021-11-13 | Sum-Sim regionfinal Kristianstad |
| 00:56.84 | 614  | Final  | 2021-11-27 | SM/JSM (25m) 2021                |
| 00:57.25 | 601  | Final  | 2021-11-27 | SM/JSM (25m) 2021                |
| 00:56.64 | 621  | Final  | 2021-12-11 | Sum-Sim riksfinal 2021           |
| 00:57.98 | 579  | Final  | 2022-03-05 | Öresund Meeting 2022             |
| 01:02.45 | 463  | Final  | 2022-04-22 | Intertävling KSLS 22-23 april    |
| 00:57.64 | 589  | Final  | 2022-05-14 | TYR Swim                         |
| 00:57.01 | 609  | Final  | 2022-10-01 | Speedo Swim Meet 2022            |
| 00:57.33 | 599  | Final  | 2022-10-22 | DM/JDM/PARA DM                   |