

John Zetterqvist

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:05.87 AQUA-poäng: 643 Datum: 2023-05-20 Tävling: 24th DANISH INTERNATIONAL SWIM CUP

Tid	AQUA	Omgång	Datum	Tävling
04:08.92	619	Final	2022-11-24	SM/JSM (25M) 2022
04:09.11	618	Final	2021-11-24	SM/JSM (25m) 2021
04:10.42	608	Final	2023-11-22	SM/JSM (25m) 2023
04:13.20	589	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
04:16.75	564	Final	2021-09-25	Swedish Swim Games - Grand Prix 1
04:18.12	556	Final	2020-09-26	Swedish Swim Games
05:34.31	255	Final	2016-10-23	UGP4 - 2016
04:05.87	643	Final	2023-05-20	24th DANISH INTERNATIONAL SWIM CUP
04:33.46	467	Final	2019-10-05	DM 2019 Stockholm, 25m
04:33.34	468	Final	2018-11-25	Sparbanken Rekarne Simcup och TYR Sprint 2018
04:25.74	509	Final	2019-10-13	UGP1 2019
04:20.93	538	Final	2023-10-21	DM 25m 2023
04:20.19	542	Final	2019-11-10	Sum-Sim (25m) 2019 regionfinal Stockholm
04:18.84	551	Final	2023-12-09	Lövets Minne 4
04:18.37	554	Final	2021-10-23	DM 25m 2021
04:12.56	593	Final	2022-10-01	Lövets Minne 3
04:12.11	596	Final	2022-05-28	23th DANISH INTERNATIONAL SWIM CUP
04:11.15	603	Final	2022-10-22	DM 25m 2022
04:09.90	612	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
04:06.07	641	Final	2022-12-04	Sparbanken Rekarne Simcup 2022