

## Henrik Pap

Se detaljerad information och personbästatider

Gren: 100m Medley (25) Personbästa: 01:05.16 AQUA-poäng: 458 Datum: 2020-10-18 Tävling: DM/JDM 2020

| Tid      | AQUA | Omgång | Datum      | Tävling                                         |
|----------|------|--------|------------|-------------------------------------------------|
| 01:28.18 | 190  | Final  | 2014-10-18 | Solkustsim                                      |
| 01:29.70 | 180  | Final  | 2014-11-15 | Microsim 4                                      |
| 01:27.98 | 191  | Final  | 2014-12-12 | KM 2014-12-12                                   |
| 01:25.16 | 211  | Final  | 2015-03-22 | Glasriket Cup                                   |
| 01:21.07 | 244  | Final  | 2016-01-23 | Oskarshamns Sprinten 2016                       |
| 01:18.44 | 269  | Final  | 2016-04-10 | Glasriket Cup                                   |
| 01:14.67 | 312  | Final  | 2016-12-16 | KM 2016-12-16                                   |
| 01:13.24 | 323  | Final  | 2017-12-15 | KM 2017-12-15                                   |
| 01:12.37 | 335  | Final  | 2018-03-25 | Arena Glasriket Cup                             |
| 01:10.89 | 357  | Final  | 2018-12-14 | KM 6                                            |
| 01:08.35 | 398  | Final  | 2019-03-24 | Arena Glasriket Cup                             |
| 01:08.25 | 399  | Final  | 2019-11-22 | Barracuda Race - Henning Degerman Memorial 2019 |
| 01:07.42 | 414  | Final  | 2019-12-13 | KM 6 2019                                       |
| 01:07.03 | 421  | Final  | 2020-04-24 | KM 7                                            |
| 01:05.16 | 458  | Final  | 2020-10-18 | DM/JDM 2020                                     |