

## Jonathan Fröjd

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:40.43 AQUA-poäng: 483 Datum: 2018-04-22 Tävling: Sportringen Swim Meet

| Tid      | AQUA | Omgång | Datum      | Tävling                        |
|----------|------|--------|------------|--------------------------------|
| 04:49.67 | 438  | Final  | 2020-01-17 | Arena Lyngby Open 2020 Stadion |
| 04:56.23 | 410  | Final  | 2019-06-08 | Citadellsim 2019               |
| 04:57.72 | 403  | Final  | 2019-05-03 | Farum Cup 2019                 |
| 04:41.22 | 479  | Final  | 2018-07-08 | Bockstensdoppet 2018           |
| 04:46.50 | 453  | Final  | 2018-06-28 | Sum-Sim (50m) 2018             |
| 04:44.53 | 462  | Final  | 2018-06-12 | MKK Racet                      |
| 04:43.65 | 467  | Final  | 2018-06-09 | Citadellsim 2018               |
| 04:47.85 | 446  | Final  | 2018-05-18 | Yellow Race 3                  |
| 04:40.43 | 483  | Final  | 2018-04-22 | Sportringen Swim Meet          |
| 04:48.24 | 445  | Final  | 2018-03-02 | Yellow Race 1                  |
| 04:51.86 | 428  | Final  | 2017-07-09 | LH-Games 2017                  |
| 04:57.51 | 404  | Final  | 2017-06-10 | Citadellsim 2017               |
| 04:59.77 | 395  | Final  | 2017-03-31 | Yellow Race 1                  |
| 05:28.87 | 299  | Final  | 2016-07-01 | Bockstensdoppet                |
| 05:25.69 | 308  | Final  | 2015-05-31 | Ungdoms Grand Prix 3           |