

Lucas Humling

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 03:50.89 AQUA-poäng: 776 Datum: 2023-11-22 Tävling: SM/JSM (25m) 2023

Tid	AQUA	Omgång	Datum	Tävling
03:56.12	726	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
04:04.47	654	Final	2021-10-30	Ystad Grand Prix 2
03:57.90	710	Final	2021-09-25	Swedish Swim Games - Grand Prix 1
03:57.87	710	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
03:57.30	715	Final	2023-12-01	Nordic Championships
03:57.02	718	Final	2021-12-03	Nordic Swimming Championships 2021
03:56.86	719	Final	2022-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
03:56.67	721	Final	2021-11-24	SM/JSM (25m) 2021
03:50.89	776	Final	2023-11-22	SM/JSM (25m) 2023
03:55.91	728	Final	2022-12-10	Nordic Championships
03:55.20	734	Final	2022-11-24	SM/JSM (25M) 2022
03:55.58	731	Final	2021-11-24	SM/JSM (25m) 2021
03:55.36	733	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
03:56.68	721	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
03:54.56	740	Final	2022-11-24	SM/JSM (25M) 2022
03:53.40	752	Final	2021-12-03	Nordic Swimming Championships 2021
03:52.77	758	Final	2023-12-01	Nordic Championships
03:52.21	763	Final	2023-11-22	SM/JSM (25m) 2023
03:58.36	706	Final	2023-02-04	NUSS Äldre 25m 2023
05:31.17	263	Final	2016-10-01	Fjärran Höjder Spelen