

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Medley (50) Personbästa: 02:14.64 AQUA-poäng: 821 Datum: 2022-08-15 Tävling: LEN: European Championships

Tid	AQUA	Omgång	Datum	Tävling
02:14.84	818	Final	2022-07-10	European Junior Swimming Championships
02:15.00	815	Final	2023-06-17	AdO Cup 2023
02:15.08	813	Final	2021-07-10	LEN European Junior Swimming Championships
02:22.34	695	Final	2019-07-02	SM/Para-SM/JSM (50m) 2019
02:15.46	807	Final	2021-04-10	Malmsten Swim Open Stockholm 2021
02:22.57	692	Final	2019-06-02	DM-JDM (50m) 2019 Mellansvenska
02:57.86	356	Final	2016-06-04	UGP 3 2016
02:16.12	795	Final	2023-04-08	Speedo Helsinki Swim Meet
02:16.18	794	Final	2024-04-07	Malmsten Swim Open Stockholm 2024
02:16.26	792	Final	2024-02-17	Järfälla Nationella 2024
02:18.07	762	Final	2023-02-04	Vinterneptuniaden 2023 (50m)
02:16.31	792	Final	2023-12-02	Qualification Meet
02:16.35	791	Final	2022-06-29	SM/Para-SM/JSM (50m) 2022
02:16.54	788	Final	2022-04-11	Malmsten Swim Open Stockholm 2022
02:16.64	786	Final	2022-03-13	Swedish Grand Prix 2022
02:16.68	785	Final	2023-07-09	LEN: European Junior Championships
02:16.72	784	Final	2023-03-25	Västerås Meet 2023
02:16.93	781	Final	2023-05-06	Acropolis Swim Open 2023
02:16.99	780	Final	2023-03-11	Swedish Grand Prix 2023
02:17.27	775	Final	2023-04-15	Malmsten Swim Open Stockholm 2023