

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Bröstsims (50) Personbästa: 02:29.25 AQUA-poäng: 806 Datum: 2023-07-06 Tävling: LEN: European Junior Championships

Tid	AQUA	Omgång	Datum	Tävling
02:30.88	781	Final	2023-04-09	Speedo Helsinki Swim Meet
02:33.35	743	Final	2023-04-15	Malmsten Swim Open Stockholm 2023
02:33.87	736	Final	2023-05-07	Acropolis Swim Open 2023
02:31.58	770	Final	2023-05-07	Acropolis Swim Open 2023
02:30.95	779	Final	2023-06-17	AdO Cup 2023
02:30.30	790	Final	2023-06-17	AdO Cup 2023
02:30.36	789	Final	2023-07-06	LEN: European Junior Championships
02:29.25	806	Final	2023-07-06	LEN: European Junior Championships
02:29.48	803	Final	2023-07-07	LEN: European Junior Championships
02:33.28	744	Final	2023-10-20	World Aquatics World Cup
02:33.58	718	Final	2024-02-18	Järfälla Nationella 2024
02:29.75	774	Final	2024-04-01	Speedo Helsinki Swim Meet 2024
02:34.65	703	Final	2024-04-01	Speedo Helsinki Swim Meet 2024
02:31.00	755	Final	2024-04-07	Malmsten Swim Open Stockholm 2024
02:32.47	734	Final	2024-04-07	Malmsten Swim Open Stockholm 2024