

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Bröstsöm (25) Personbästa: 02:22.69 AQUA-poäng: 838 Datum: 2023-12-07 Tävling: LEN: European Short Course Championships

Tid	AQUA	Omgång	Datum	Tävling
02:30.06	721	Final	2022-10-23	DM 25m 2022
02:29.21	733	Final	2022-10-30	Ystad Grand Prix 2 / Swedish Grand Prix
02:27.64	757	Final	2022-10-30	Ystad Grand Prix 2 / Swedish Grand Prix
02:27.52	759	Final	2022-11-12	Sum-Sim regionfinal 2022-Stockholm
02:24.49	807	Final	2022-11-23	SM/JSM (25M) 2022
02:24.76	803	Final	2022-11-23	SM/JSM (25M) 2022
02:23.50	824	Final	2022-12-10	Nordic Championships
02:24.66	805	Final	2022-12-10	Nordic Championships
02:24.77	803	Final	2022-12-17	Sum-Sim riksfinal 2022
02:28.38	745	Final	2023-09-24	Swedish Swim Games 2023 - Grand Prix 1
02:27.33	762	Final	2023-09-24	Swedish Swim Games 2023 - Grand Prix 1
02:27.68	756	Final	2023-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
02:26.22	779	Final	2023-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
02:25.04	798	Final	2023-11-23	SM/JSM (25m) 2023
02:23.81	819	Final	2023-11-23	SM/JSM (25m) 2023
02:22.69	838	Final	2023-12-07	LEN: European Short Course Championships
02:22.86	835	Final	2023-12-07	LEN: European Short Course Championships