

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 100m Bröstsimm (50) Personbästa: 01:08.29 AQUA-poäng: 828 Datum: 2023-06-16 Tävling: AdO Cup

Tid	AQUA	Omgång	Datum	Tävling
01:12.39	695	Final	2021-04-11	Malmsten Swim Open Stockholm 2021
01:12.08	704	Final	2021-04-11	Malmsten Swim Open Stockholm 2021
01:12.85	682	Final	2022-06-11	DM och St Erikssimmet Stockholm (50m)
01:11.82	711	Final	2023-02-04	Vinterneptuniaden 2023 (50m)
01:11.07	734	Final	2023-03-11	Swedish Grand Prix 2023
01:10.12	764	Final	2023-03-11	Swedish Grand Prix 2023
01:09.66	780	Final	2023-03-25	Västerås Meet 2023
01:09.84	774	Final	2023-04-08	Speedo Helsinki Swim Meet
01:11.09	734	Final	2023-04-16	Malmsten Swim Open Stockholm 2023
01:09.45	787	Final	2023-05-05	Acropolis Swim Open 2023
01:10.59	749	Final	2023-05-05	Acropolis Swim Open 2023
01:08.29	828	Final	2023-06-16	AdO Cup
01:08.29	828	Final	2023-06-16	AdO Cup 2023
01:09.54	784	Final	2023-07-08	LEN: European Junior Championships
01:09.02	802	Final	2023-07-08	LEN: European Junior Championships
01:11.84	711	Final	2023-07-09	LEN: European Junior Championships
01:10.13	764	Final	2023-10-21	World Aquatics World Cup
01:10.35	757	Final	2024-03-31	Speedo Helsinki Swim Meet 2024
01:09.41	788	Final	2024-03-31	Speedo Helsinki Swim Meet 2024
01:11.59	718	Final	2024-04-08	Malmsten Swim Open Stockholm 2024