

## Jonas Malmring

Se detaljerad information och personbästatider

Gren: 200m Medley (50) Personbästa: 02:12.10 AQUA-poäng: 642 Datum: 2019-07-02 Tävling: SM/Para-SM/JSM (50m) 2019

| Tid      | AQUA | Omgång | Datum      | Tävling                              |
|----------|------|--------|------------|--------------------------------------|
| 02:16.63 | 580  | Final  | 2017-04-11 | Swim Open Stockholm 2017             |
| 02:26.21 | 474  | Final  | 2016-04-02 | Swim Open Stockholm                  |
| 02:34.17 | 404  | Final  | 2015-06-26 | Sum-Sim (50m) 2015                   |
| 02:19.64 | 544  | Final  | 2016-07-01 | Sum-Sim (50m) 2016                   |
| 02:18.31 | 559  | Final  | 2019-01-27 | Swedish Grand Prix 2019              |
| 02:18.22 | 561  | Final  | 2018-07-08 | SM/Para-SM/JSM (50m) 2018            |
| 02:18.18 | 561  | Final  | 2018-01-28 | Swedish Grand Prix 2018              |
| 02:16.90 | 577  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                   |
| 02:14.46 | 609  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                   |
| 02:13.54 | 622  | Final  | 2019-07-02 | SM/Para-SM/JSM (50m) 2019            |
| 02:12.96 | 630  | Final  | 2018-04-08 | Malmsten Swim Open Stockholm 2018    |
| 02:12.39 | 638  | Final  | 2019-04-15 | Malmsten Swim Open Stockholm 2019    |
| 02:15.61 | 594  | Final  | 2018-03-25 | Västerås Meet 2018                   |
| 02:16.09 | 587  | Final  | 2019-03-09 | UGP3 (Täby)                          |
| 02:12.10 | 642  | Final  | 2019-07-02 | SM/Para-SM/JSM (50m) 2019            |
| 02:15.42 | 596  | Final  | 2019-01-27 | Swedish Grand Prix 2019              |
| 03:15.60 | 197  | Final  | 2013-05-18 | Neptuniaden                          |
| 02:14.02 | 615  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                   |
| 02:13.88 | 617  | Final  | 2019-05-12 | Distriktstandvården Neptuniaden 2019 |
| 02:19.63 | 544  | Final  | 2017-04-29 | Scandic Täby Invite                  |