

## Natalia Lugowska

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:31.65 AQUA-poäng: 395 Datum: 2016-09-11 Tävling: Serneke Swim Open

| Tid      | AQUA | Omgång | Datum      | Tävling                      |
|----------|------|--------|------------|------------------------------|
| 00:44.30 | 144  | Final  | 2012-02-04 | Sandaredssimmet 2012         |
| 00:42.69 | 161  | Final  | 2012-05-06 | Vårsimiaden 2012             |
| 00:40.47 | 189  | Final  | 2012-10-07 | Kungsbacka TYR Open          |
| 00:39.58 | 202  | Final  | 2012-11-25 | Höstsimiaden 2012            |
| 00:35.53 | 280  | Final  | 2013-09-06 | SEFA Internationell          |
| 00:33.97 | 320  | Final  | 2013-12-01 | Barracuda Race               |
| 00:34.90 | 295  | Final  | 2014-02-01 | NUSS Yngre (25m)             |
| 00:33.62 | 330  | Final  | 2014-03-01 | Sandaredssimmet 2014         |
| 00:33.73 | 327  | Final  | 2014-09-07 | Serneke International        |
| 00:34.04 | 318  | Final  | 2014-09-27 | Tyrs Trollsim 2014           |
| 00:33.09 | 346  | Final  | 2014-11-30 | Barracuda Race               |
| 00:32.31 | 372  | Final  | 2015-09-26 | Scandic Swania Trollsim 2015 |
| 00:32.15 | 377  | Final  | 2015-11-29 | Barracuda Race               |
| 00:32.76 | 357  | Final  | 2016-03-05 | Sandaredssimmet 2016         |
| 00:31.65 | 395  | Final  | 2016-09-11 | Serneke Swim Open            |
| 00:31.65 | 395  | Final  | 2016-12-04 | Barracuda Race               |
| 00:31.94 | 385  | Final  | 2017-11-26 | Barracuda Race               |