

## Elise Öberg

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:30.56 AQUA-poäng: 667 Datum: 2019-07-01 Tävling: SM/Para-SM/JSM (50m) 2019

| Tid      | AQUA | Omgång | Datum      | Tävling                              |
|----------|------|--------|------------|--------------------------------------|
| 04:42.72 | 585  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                   |
| 04:39.22 | 607  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                   |
| 04:35.29 | 633  | Final  | 2019-07-12 | Sum-Sim (50m) 2019                   |
| 04:38.71 | 610  | Final  | 2018-07-07 | SM/Para-SM/JSM (50m) 2018            |
| 04:30.56 | 667  | Final  | 2019-07-01 | SM/Para-SM/JSM (50m) 2019            |
| 04:35.46 | 623  | Final  | 2024-03-24 | Västerås Meet 2024                   |
| 04:49.58 | 544  | Final  | 2017-03-05 | SPIFs Go The Distance                |
| 04:45.06 | 570  | Final  | 2017-06-10 | UGP 3                                |
| 04:44.55 | 573  | Final  | 2018-06-10 | Sundsvall Sim 2018                   |
| 04:41.09 | 595  | Final  | 2019-06-16 | USM Kvalet 2019                      |
| 04:38.02 | 615  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                   |
| 04:35.53 | 632  | Final  | 2019-06-09 | Risösim 2019                         |
| 04:35.32 | 633  | Final  | 2020-06-27 | Riksmästerskap (50m) 2020 Falun      |
| 04:35.20 | 633  | Final  | 2023-05-14 | Norrländska Mästerskapen 2023        |
| 04:34.34 | 640  | Final  | 2019-05-26 | Sundsvall Sim 2019                   |
| 04:33.57 | 645  | Final  | 2019-05-12 | Arena Open /NM                       |
| 04:33.51 | 637  | Final  | 2024-05-25 | Filbyter Cup                         |
| 04:32.98 | 649  | Final  | 2022-05-14 | Distriktstandvården Neptuniaden 2022 |
| 04:30.56 | 667  | Final  | 2019-07-12 | Sum-Sim (50m) 2019                   |