

# Elias Fröde

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:23.96 AQUA-poäng: 595 Datum: 2024-03-23 Tävling: Lövets minne 1

| Tid      | AQUA | Omgång | Datum      | Tävling                  |
|----------|------|--------|------------|--------------------------|
| 00:34.62 | 201  | Final  | 2011-02-05 | Swimshop Knatte-cup 2011 |
| 00:34.66 | 200  | Final  | 2011-02-05 | Swimshop Knatte-cup 2011 |
| 00:35.00 | 195  | Final  | 2011-02-19 | Tyresö Knatte            |
| 00:35.28 | 190  | Final  | 2010-12-18 | Sprint KM 2010           |
| 00:35.64 | 184  | Final  | 2010-11-27 | Höstsimiaden             |
| 00:35.95 | 180  | Final  | 2011-09-24 | Speedo Ungdom Cup        |
| 00:37.10 | 163  | Final  | 2010-11-13 | Tureberg knatte cup 2010 |
| 00:38.06 | 151  | Final  | 2010-09-25 | Speedo Ungdom Cup 2010   |
| 00:39.74 | 133  | Final  | 2010-06-06 | Vårsimiaden Final        |
| 00:40.50 | 125  | Final  | 2010-06-05 | Vårsimiaden Final        |
| 00:40.84 | 122  | Final  | 2010-05-29 | Vårsimiaden distrikt     |
| 00:43.47 | 101  | Final  | 2010-02-06 | SAAB Knattcup 2010       |