

## Emilia Rönningdal

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:11.88 AQUA-poäng: 788 Datum: 2021-11-24 Tävling: SM/JSM (25m) 2021

| Tid      | AQUA | Omgång | Datum      | Tävling                            |
|----------|------|--------|------------|------------------------------------|
| 02:22.30 | 628  | Final  | 2017-08-26 | Arena & Poseidon Team Cup 2017     |
| 02:22.37 | 627  | Final  | 2019-10-19 | TYR Open 2019-10-19--20            |
| 02:22.96 | 619  | Final  | 2019-09-07 | Arena Poseidon Team Cup            |
| 02:14.78 | 739  | Final  | 2021-10-30 | Ystad Grand Prix 2                 |
| 02:23.66 | 610  | Final  | 2018-03-24 | Öresund Meeting 2018               |
| 02:14.31 | 746  | Final  | 2021-12-05 | Nordic Swimming Championships 2021 |
| 02:16.45 | 712  | Final  | 2019-11-13 | SM/JSM (25m) 2019                  |
| 02:21.54 | 638  | Final  | 2019-03-23 | Öresund Meeting 2019               |
| 02:21.03 | 645  | Final  | 2021-09-25 | Swedish Swim Games - Grand Prix 1  |
| 02:20.24 | 656  | Final  | 2017-09-30 | Speedo Swim Meet 2017              |
| 03:24.96 | 224  | Final  | 2012-05-30 | KM 6                               |
| 02:11.88 | 788  | Final  | 2021-11-24 | SM/JSM (25m) 2021                  |
| 02:19.71 | 663  | Final  | 2018-09-22 | Speedo Swim Meet 2018              |
| 02:19.66 | 664  | Final  | 2018-12-01 | Medaljjakt A, T 181201             |
| 02:19.61 | 665  | Final  | 2017-12-09 | Sum-Sim Riksfinal 2017             |
| 02:19.19 | 671  | Final  | 2020-10-10 | Swedbank Medaljjakt EM             |
| 02:18.81 | 676  | Final  | 2018-10-20 | Ystad Grand Prix 2 TYR Open        |
| 02:18.53 | 680  | Final  | 2018-10-06 | DM/JDM kortbana 2018               |
| 02:17.62 | 694  | Final  | 2021-10-16 | SwedbankMedaljjakt EM 211016       |
| 02:17.32 | 698  | Final  | 2022-03-05 | Öresund Meeting 2022               |