

# Karl Frylmark

Se detaljerad information och personbästatider

Gren: 200m Bröstsims (50) Personbästa: 02:17.01 AQUA-poäng: 780 Datum: 2022-06-29 Tävling: SM/Para-SM/JSM (50m) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                         |
|----------|------|--------|------------|---------------------------------|
| 03:12.25 | 290  | Final  | 2011-06-18 | UGP 3 - 2011                    |
| 03:00.88 | 348  | Final  | 2012-06-16 | UGP 3 - 2012                    |
| 02:55.29 | 380  | Final  | 2013-06-02 | UGP 3 - 2013                    |
| 02:55.27 | 380  | Final  | 2013-05-18 | Neptuniaden                     |
| 02:41.00 | 490  | Final  | 2015-05-31 | UGP 3 - 2015                    |
| 02:40.55 | 495  | Final  | 2015-04-25 | Västerås Meet 2015              |
| 02:37.84 | 521  | Final  | 2015-06-06 | DM/JDM 2015                     |
| 02:36.99 | 529  | Final  | 2014-06-29 | Sum-Sim (50m) 2014              |
| 02:35.98 | 539  | Final  | 2014-06-29 | Sum-Sim (50m) 2014              |
| 02:35.03 | 549  | Final  | 2016-06-11 | DM/JDM(50m) 2016                |
| 02:34.93 | 550  | Final  | 2015-06-28 | Sum-Sim (50m) 2015              |
| 02:34.19 | 558  | Final  | 2016-03-30 | Swim Open Stockholm             |
| 02:32.49 | 577  | Final  | 2016-01-30 | Swedish Grand Prix 2016         |
| 02:32.24 | 580  | Final  | 2016-04-30 | Ullbergstrofén 2016             |
| 02:31.11 | 572  | Final  | 2024-02-04 | Stockholm Grand Prix 2024 (50m) |
| 02:29.40 | 614  | Final  | 2017-03-25 | Västerås Meet 2017              |
| 02:28.87 | 621  | Final  | 2017-04-29 | Ullbergstrofén 2017             |
| 02:28.46 | 603  | Final  | 2024-02-17 | Järfälla Nationella 2024        |
| 02:28.42 | 611  | Final  | 2023-04-08 | Speedo Helsinki Swim Meet       |
| 02:28.21 | 624  | Final  | 2019-05-25 | DM 2019 Långbana                |