

## Ida Liljeqvist

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:25.35 AQUA-poäng: 740 Datum: 2023-11-24 Tävling: SM/JSM (25m) 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                          |
|----------|------|--------|------------|--------------------------------------------------|
| 00:26.65 | 636  | Final  | 2019-08-24 | Rönneracet 2019                                  |
| 00:25.64 | 715  | Final  | 2019-11-15 | SM/JSM (25m) 2019                                |
| 00:25.66 | 713  | Final  | 2019-11-15 | SM/JSM (25m) 2019                                |
| 00:26.11 | 677  | Final  | 2019-12-08 | LEN European Short Course Swimming Championships |
| 00:26.09 | 678  | Final  | 2020-05-21 | Interntävling                                    |
| 00:26.16 | 673  | Final  | 2020-09-05 | Rönneracet 2020 Special edition                  |
| 00:26.25 | 666  | Final  | 2020-09-19 | Speedo Swim 2020                                 |
| 00:25.57 | 721  | Final  | 2021-03-24 | Temprärrace 210324                               |
| 00:26.21 | 669  | Final  | 2021-10-23 | DM Sjöbo                                         |
| 00:25.41 | 734  | Final  | 2021-11-26 | SM/JSM (25m) 2021                                |
| 00:25.54 | 723  | Final  | 2021-11-26 | SM/JSM (25m) 2021                                |
| 00:25.86 | 697  | Final  | 2022-10-22 | DM/JDM/PARA DM                                   |
| 00:25.62 | 716  | Final  | 2022-11-24 | SM/JSM (25M) 2022                                |
| 00:25.86 | 697  | Final  | 2022-11-26 | SM/JSM (25M) 2022                                |
| 00:26.03 | 683  | Final  | 2022-11-26 | SM/JSM (25M) 2022                                |
| 00:25.90 | 693  | Final  | 2023-03-04 | Öresund Meeting 2023                             |
| 00:26.31 | 661  | Final  | 2023-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix          |
| 00:26.62 | 639  | Final  | 2023-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix          |
| 00:25.48 | 728  | Final  | 2023-11-22 | SM/JSM (25m) 2023                                |
| 00:25.35 | 740  | Final  | 2023-11-24 | SM/JSM (25m) 2023                                |