

## Frida Hedlund

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:28.26 AQUA-poäng: 592 Datum: 2014-05-04 Tävling: Jöns Svanbergsimmet

| Tid      | AQUA | Omgång | Datum      | Tävling                     |
|----------|------|--------|------------|-----------------------------|
| 00:28.26 | 592  | Final  | 2014-05-04 | Jöns Svanbergsimmet         |
| 00:28.27 | 591  | Final  | 2014-06-07 | RISÖSIM                     |
| 00:28.64 | 568  | Final  | 2014-05-23 | Speedo Open 2014            |
| 00:28.69 | 565  | Final  | 2016-05-15 | Jöns Svanbergsimmet         |
| 00:28.78 | 560  | Final  | 2013-06-08 | Risösim 2013                |
| 00:28.80 | 559  | Final  | 2013-05-18 | Neptuniaden                 |
| 00:28.82 | 558  | Final  | 2015-04-18 | Swedish Grand Prix 3        |
| 00:28.91 | 553  | Final  | 2016-05-29 | Neptuniaden 2016            |
| 00:28.94 | 551  | Final  | 2016-06-11 | RISÖSIM 2016                |
| 00:28.98 | 549  | Final  | 2015-05-17 | Speedo Open 2015            |
| 00:29.09 | 542  | Final  | 2017-06-10 | Risösim 2017                |
| 00:29.13 | 540  | Final  | 2013-04-07 | Jöns Svanbergsimmet 2013    |
| 00:29.33 | 529  | Final  | 2016-09-10 | Sundsvall Arena Cup 2016    |
| 00:29.96 | 496  | Final  | 2012-06-30 | Bockstensdoppet 2012        |
| 00:30.61 | 465  | Final  | 2012-05-06 | Jöns Svanbergsimmet 2012    |
| 00:30.86 | 454  | Final  | 2012-06-10 | Risösim                     |
| 00:32.06 | 405  | Final  | 2011-06-19 | UGP3 / Bockstensdoppet      |
| 00:32.68 | 382  | Final  | 2011-06-11 | Risösim                     |
| 00:34.33 | 330  | Final  | 2010-07-01 | Stockholms Summergames 2010 |
| 00:38.56 | 233  | Final  | 2009-06-13 | RISÖSIM 2009                |