

## Alfred Lindén

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:31.75 AQUA-poäng: 476 Datum: 2014-10-11 Tävling: Ungdoms GP 4 Falun 2014

| Tid      | AQUA | Omgång | Datum      | Tävling                     |
|----------|------|--------|------------|-----------------------------|
| 05:06.47 | 334  | Final  | 2010-10-16 | Falu Simfestival & UGP 4    |
| 05:53.04 | 218  | Final  | 2009-09-12 | Masdoppet 2009              |
| 05:39.34 | 246  | Final  | 2009-09-27 | Wadköpingsdoppet 2009       |
| 05:36.98 | 251  | Final  | 2009-11-28 | Höstsimiaden                |
| 05:36.14 | 253  | Final  | 2009-11-14 | SUM-SIM 2009 Region 2       |
| 05:35.71 | 254  | Final  | 2010-01-30 | NUSS-yngre (25m) 2010       |
| 05:27.81 | 273  | Final  | 2010-04-18 | Solstadoppet - 2010         |
| 05:19.26 | 296  | Final  | 2010-09-11 | Masdoppet 2010              |
| 05:10.71 | 321  | Final  | 2010-11-13 | SUM-SIM Regionsfinaler 2010 |
| 04:31.75 | 476  | Final  | 2014-10-11 | Ungdoms GP 4 Falun 2014     |
| 04:58.08 | 363  | Final  | 2011-10-16 | Falu Simfestival & UGP 4    |
| 04:54.18 | 378  | Final  | 2011-09-10 | Masdoppet 2011              |
| 04:51.78 | 387  | Final  | 2012-02-18 | Väsman Open 2012            |
| 04:45.32 | 414  | Final  | 2012-11-11 | SUM-SIM Region 2012 (25m)   |
| 04:37.05 | 452  | Final  | 2013-09-07 | Masdoppet 2013              |
| 04:33.94 | 465  | Final  | 2013-11-10 | Sum-Sim region nr 2         |
| 04:33.50 | 467  | Final  | 2014-01-31 | NUSS Äldre (25m) 2014       |