

Frida Lannhard

Se detaljerad information och personbästatider

Gren: 200m Medley (50) Personbästa: 02:27.69 AQUA-poäng: 622 Datum: 2018-07-08 Tävling: SM/Para-SM/JSM (50m) 2018

Tid	AQUA	Omgång	Datum	Tävling
02:31.36	578	Final	2016-06-30	Sum-Sim (50m) 2016
02:34.84	540	Final	2016-05-28	OPEN Belgian Championships Swimming 2016
02:42.09	471	Final	2013-06-27	Sum-Sim (50m) 2013
02:34.43	544	Final	2016-01-30	Swedish Grand Prix 2016
02:34.40	545	Final	2014-06-26	Sum-Sim (50m) 2014
02:33.96	549	Final	2016-04-01	Swim Open Stockholm
02:33.42	555	Final	2015-06-25	Sum-Sim (50m) 2015
02:32.98	560	Final	2017-05-13	Open Belgian Championships Swimming 2017
02:30.70	586	Final	2017-07-04	SM/JSM (50m) 2017
02:30.62	587	Final	2019-04-14	Malmsten Swim Open Stockholm 2019
02:30.39	589	Final	2018-07-08	SM/Para-SM/JSM (50m) 2018
02:29.75	597	Final	2017-07-13	Sum-Sim (50m) 2017
02:28.60	611	Final	2017-04-10	Swim Open Stockholm 2017
02:27.69	622	Final	2018-07-08	SM/Para-SM/JSM (50m) 2018
02:31.68	574	Final	2018-05-12	Jöns Svanbergsimmet 50m
02:30.36	590	Final	2015-06-25	Sum-Sim (50m) 2015
02:33.85	550	Final	2016-05-14	Jöns Svanbergsimmet
02:29.52	600	Final	2018-03-24	Västerås Meet 2018
03:16.87	263	Final	2010-07-06	NUSS Äldre och Yngre 50 m 2010
02:28.19	616	Final	2017-07-12	Sum-Sim (50m) 2017