

Alexander Frost

Se detaljerad information och personbästatider

Gren: 100m Frisim (50) Personbästa: 00:53.50 AQUA-poäng: 674 Datum: 2015-07-01 Tävling: SM/JSM (50m) 2015

Tid	AQUA	Omgång	Datum	Tävling
00:54.20	648	Final	2016-07-06	SM/JSM (50m) 2016
00:59.03	501	Final	2012-03-04	International Swim Meeting 2012
01:03.62	400	Final	2011-04-29	Ullbergstrofén 2011
00:57.92	531	Final	2013-04-26	Ullbergstrofén 2013
00:57.70	537	Final	2013-03-03	International Swim Meeting 2013
00:57.70	537	Final	2013-03-03	International Swim Meeting 2013
00:57.50	542	Final	2012-07-19	Sum-Sim (50m) 2012
00:59.03	501	Final	2012-03-04	International Swim Meeting 2012
00:56.82	562	Final	2014-06-27	Sum-Sim (50m) 2014
00:56.81	563	Final	2014-05-02	Ullbergstrofén 2014
00:56.11	584	Final	2016-01-30	Swedish Grand Prix 2016
00:55.90	590	Final	2014-03-02	International Swim Meeting 2014
00:55.44	605	Final	2015-04-24	Ullbergstrofén 2015
00:55.38	607	Final	2016-04-01	Swim Open Stockholm
00:55.19	614	Final	2016-03-06	International Swim Meeting 2016
00:53.50	674	Final	2015-07-01	SM/JSM (50m) 2015
00:56.70	566	Final	2014-06-07	Östsvenska Mästerskapen 2014
01:27.15	155	Final	2008-07-05	NUSS Yngre
00:56.43	574	Final	2015-02-13	SSA South African Grand Prix #1
00:57.15	553	Final	2015-05-23	Filbyter Cup