

## Alexander Frost

Se detaljerad information och personbästatider

Gren: 100m Frisim (50) Personbästa: 00:53.50 AQUA-poäng: 674 Datum: 2015-07-01 Tävling: SM/JSM (50m) 2015

| Tid      | AQUA | Omgång | Datum      | Tävling                         |
|----------|------|--------|------------|---------------------------------|
| 01:26.64 | 158  | Final  | 2008-05-25 | Filbyter Cup                    |
| 01:22.21 | 185  | Final  | 2008-06-15 | Kvaltävling                     |
| 01:27.15 | 155  | Final  | 2008-07-05 | NUSS Yngre                      |
| 01:13.14 | 263  | Final  | 2009-05-23 | Filbyter Cup                    |
| 01:10.26 | 297  | Final  | 2009-07-13 | NUSS Äldre och Yngre            |
| 01:04.67 | 381  | Final  | 2010-05-23 | Filbyter Cup                    |
| 01:04.67 | 381  | Final  | 2010-07-05 | NUSS Äldre och Yngre 50 m 2010  |
| 01:03.62 | 400  | Final  | 2011-04-29 | Ullbergstrofén 2011             |
| 01:05.05 | 375  | Final  | 2011-05-21 | Filbyter Cup                    |
| 00:59.03 | 501  | Final  | 2012-03-04 | International Swim Meeting 2012 |
| 00:59.03 | 501  | Final  | 2012-03-04 | International Swim Meeting 2012 |
| 01:00.33 | 470  | Final  | 2012-05-19 | Filbyter Cup                    |
| 00:58.51 | 515  | Final  | 2012-06-09 | Östsvenska Mästerskapen         |
| 00:57.19 | 551  | Final  | 2012-07-19 | Sum-Sim (50m) 2012              |
| 00:57.50 | 542  | Final  | 2012-07-19 | Sum-Sim (50m) 2012              |
| 00:57.70 | 537  | Final  | 2013-03-03 | International Swim Meeting 2013 |
| 00:57.70 | 537  | Final  | 2013-03-03 | International Swim Meeting 2013 |
| 00:57.92 | 531  | Final  | 2013-04-26 | Ullbergstrofén 2013             |
| 00:58.17 | 524  | Final  | 2013-05-20 | Filbyter Cup                    |
| 00:56.58 | 569  | Final  | 2013-07-06 | NUSS 50m                        |