

## Lukas Steiner

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 03:51.02 AQUA-poäng: 775 Datum: 2018-11-14 Tävling: SM/JSM (25m) 2018

| Tid      | AQUA | Omgång | Datum      | Tävling                        |
|----------|------|--------|------------|--------------------------------|
| 04:13.73 | 585  | Final  | 2016-12-11 | Nordic Championship 2016       |
| 04:44.94 | 416  | Final  | 2011-10-29 | DM 25m Mellansvenska 2011      |
| 03:53.70 | 749  | Final  | 2018-11-14 | SM/JSM (25m) 2018              |
| 04:00.87 | 684  | Final  | 2014-12-14 | Nordic Pre-Senior & Junior Cha |
| 03:54.72 | 739  | Final  | 2016-11-04 | SM/JSM (25m) 2016              |
| 03:55.54 | 731  | Final  | 2017-11-01 | SM/JSM (25m) 2017              |
| 03:55.71 | 730  | Final  | 2019-11-13 | SM/JSM (25m) 2019              |
| 04:00.61 | 686  | Final  | 2014-11-19 | SM/JSM (25m) 2014              |
| 03:56.80 | 720  | Final  | 2016-10-08 | Swedish Swim Games 2016        |
| 03:57.01 | 718  | Final  | 2015-11-04 | SM/JSM (25m) 2015              |
| 03:56.20 | 725  | Final  | 2016-10-08 | Swedish Swim Games 2016        |
| 04:00.62 | 686  | Final  | 2017-09-23 | Wadköpingsdoppet 2017          |
| 04:00.22 | 689  | Final  | 2014-10-25 | DM-JDM (25M) 2014 Gävle        |
| 05:55.86 | 213  | Final  | 2009-09-27 | Wadköpingsdoppet 2009          |
| 03:59.07 | 699  | Final  | 2015-09-19 | Wadköpingsdoppet 2015          |
| 03:51.02 | 775  | Final  | 2018-11-14 | SM/JSM (25m) 2018              |
| 03:56.07 | 726  | Final  | 2016-10-15 | DM-JDM (25M) 2016 Mellansvensk |
| 03:55.52 | 731  | Final  | 2017-11-01 | SM/JSM (25m) 2017              |
| 03:54.06 | 745  | Final  | 2019-11-13 | SM/JSM (25m) 2019              |
| 03:53.43 | 751  | Final  | 2016-12-11 | Nordic Championship 2016       |