

## Jim Ljungquist

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:23.20 AQUA-poäng: 454 Datum: 2012-04-01 Tävling: Korsvirkessim

| Tid      | AQUA | Omgång | Datum      | Tävling                      |
|----------|------|--------|------------|------------------------------|
| 02:23.20 | 454  | Final  | 2012-04-01 | Korsvirkessim                |
| 02:24.45 | 442  | Final  | 2013-03-03 | Korsvirkessim                |
| 02:27.10 | 419  | Final  | 2011-04-10 | Korsvirkessim                |
| 02:26.06 | 428  | Final  | 2010-12-04 | SIM à LUND GUL Challenge     |
| 02:26.32 | 425  | Final  | 2010-11-13 | SumSim Region Skåne/Blekinge |
| 02:35.40 | 355  | Final  | 2009-11-28 | SIM à LUND GUL Challenge     |
| 02:36.51 | 347  | Final  | 2010-09-11 | Poseidon Team Cup 2010       |
| 02:36.65 | 347  | Final  | 2009-11-01 | Hamburger Sprint Cup         |
| 02:36.65 | 347  | Final  | 2009-11-01 | Hamburger Sprint Cup         |
| 02:40.23 | 324  | Final  | 2009-09-12 | Poseidon Team Cup 2009       |
| 02:42.22 | 312  | Final  | 2009-04-26 | MAGU Cup                     |
| 02:49.20 | 275  | Final  | 2008-09-21 | MAGU CUP                     |
| 02:24.59 | 441  | Final  | 2013-03-03 | Korsvirkessim                |
| 02:31.69 | 382  | Final  | 2010-10-30 | Nordea Open 2010             |