

## Tor Leander

Se detaljerad information och personbästatider

Gren: 400m Medley (50) Personbästa: 04:33.00 AQUA-poäng: 712 Datum: 2019-06-29 Tävling: SM/Para-SM/JSM (50m) 2019

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 04:34.61 | 700  | Final  | 2019-06-29 | SM/Para-SM/JSM (50m) 2019         |
| 04:33.00 | 712  | Final  | 2019-06-29 | SM/Para-SM/JSM (50m) 2019         |
| 04:41.04 | 653  | Final  | 2019-05-26 | DM 2019 Långbana                  |
| 04:36.41 | 686  | Final  | 2019-04-14 | Malmsten Swim Open Stockholm 2019 |
| 04:37.21 | 680  | Final  | 2019-04-14 | Malmsten Swim Open Stockholm 2019 |
| 04:46.12 | 618  | Final  | 2019-02-17 | Järfälla Nationella 2019          |
| 04:35.92 | 690  | Final  | 2018-07-05 | SM/Para-SM/JSM (50m) 2018         |
| 04:36.20 | 688  | Final  | 2018-07-05 | SM/Para-SM/JSM (50m) 2018         |
| 04:43.23 | 638  | Final  | 2018-06-03 | Speedo Open 2018                  |
| 04:39.78 | 662  | Final  | 2018-05-19 | Laxaleken 2018                    |
| 04:43.35 | 637  | Final  | 2017-06-02 | Speedo Open 2017                  |
| 04:41.47 | 650  | Final  | 2016-07-03 | Sum-Sim (50m) 2016                |
| 04:46.88 | 614  | Final  | 2016-07-03 | Sum-Sim (50m) 2016                |
| 04:52.08 | 581  | Final  | 2016-04-01 | Swim Open Stockholm               |
| 04:51.41 | 585  | Final  | 2016-01-30 | Swedish Grand Prix 2016           |
| 04:57.84 | 548  | Final  | 2015-04-17 | Hjørring Park Vendia Swim Cup     |
| 05:02.11 | 525  | Final  | 2014-05-23 | Speedo Open 2014                  |
| 05:25.78 | 419  | Final  | 2013-06-02 | UGP3                              |
| 06:05.68 | 296  | Final  | 2011-06-18 | UGP3 / Bockstensdoppet            |